

Hythe Bay Children's Centre Nursery Menu

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereals with milk or water (contains wheat and milk)				
Morning Snack	Examples: fruit, salad, crudities, cheese, soft cheese, ham, breadsticks, crackers, with milk or water (contains wheat and milk)				
Lunch	Spaghetti Bolognese (contains wheat and milk)	Jacket potatoes (contains wheat, milk, egg)	Curry & Rice	Veggie Fingers, Mashed Potato & Vegetables (contains wheat)	Vegetable Pasta in Tomato Sauce (contains wheat, milk)
Dessert	Yoghurt (contains milk)	Sugar free jelly	Homemade Cake (contains egg, milk, wheat)	No Added Sugar Mousse (contains milk)	Ice cream (contains milk)
Afternoon Snack	Examples: fruit, salad, crudities, cheese, soft cheese, ham, breadsticks, crackers, with milk or water (contains milk, wheat)				
Light Tea	Sandwiches with Crudities (contains wheat, milk, egg)	Crumpets with Spread, Jam, Marmite or Honey and Fruit (contains wheat)	Baked Beans on Toast (contains wheat)	Rolls with Crudities (contains egg, wheat, milk)	Wraps with Crudities (contains egg, wheat, milk)

*Please note, the food provided might differ to this menu in special circumstances, such as festivals and holidays, or our cook being off work

*Alternative meals may be provided for children with dietary requirements (such as vegan) or allergies. Please speak to staff for more information.

Hythe Bay Children's Centre Nursery Menu

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereals with milk or water (contains milk, wheat)				
Morning Snack	Examples: fruit, salad, crudities, cheese, soft cheese, ham, breadsticks, crackers, with milk or water (contains wheat, milk)				
Lunch	Chilli & Rice	Mince, Mashed Potatoes and Vegetables	Vegetable Pasta in Tomato Sauce (contains wheat, milk)	Jacket potatoes (contains wheat, milk, egg)	Macaroni Cheese & Vegetables (contains wheat, milk)
Dessert	Ice Cream (contains milk)	No Added Sugar Mousse (contains milk)	Sugar-free Jelly	Cheesecake (contains wheat, milk)	Yoghurt (contains milk)
Afternoon Snack	Examples: fruit, salad, crudities, cheese, soft cheese, ham, breadsticks, crackers, with milk or water (contains milk, wheat)				
Light Tea	Crumpets with Spread, Jam, Marmite or Honey and Fruit (contains wheat)	Pitta with Crudities (contains wheat, milk, egg)	Toast with Spread, Jam, Marmite or Honey and Fruit (contains wheat)	Sandwiches with Crudities (contains milk, wheat, egg)	Rolls with Crudities (contains milk, wheat, egg)

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Hythe Bay Children's Centre Nursery Menu

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereals with milk or water (contains wheat, milk)				
Morning Snack	Examples: fruit, salad, crudities, cheese, soft cheese, ham, breadsticks, crackers, with milk or water (contains wheat, milk)				
Lunch	Spaghetti & Meatballs (contains milk, wheat, metabisulphite)	Fish Fingers, Mashed Potato & Vegetables (contains fish, wheat, egg)	Vegetable Pasta in Tomato Sauce (contains wheat, milk)	Chicken Stew, Mashed Potato and Vegetables	Jacket Potato with Tuna, Cheese & Beans (contains milk, wheat, egg)
Dessert	Yoghurt (contains milk)	Homemade Cake (contains egg, milk, wheat)	No Added Sugar Mousse (contains milk)	Sugar Free Jelly	Ice Cream (contains milk)
Afternoon Snack	Examples: fruit, salad, crudities, cheese, soft cheese, ham, breadsticks, crackers, with milk or water				
Light Tea	Pitas with Crudities (contains wheat, milk, egg)	Rolls with Crudities (contains wheat, milk, egg)	Spaghetti Hoops on Toast (contains wheat)	Wraps with Crudities (contains egg, wheat, milk)	Sadwiches with Crudities (contains wheat, milk, egg)

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